



Be Safe, Be Respectful, Aim High

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1 August 2019

PRINCIPAL'S MESSAGE

Welcome Back to Term 3!

I would like to extend a warm welcome back to Term 3 to all students, staff and community. A warm welcome is also extended to our new students and families who have recently joined us at Robert Townson Public School. I trust everyone had an enjoyable and relaxing mid-year break with a chance to spend some valuable time with your family and friends. We are ready for another great term with many events planned which will allow our students to participate in a wide range of activities.

We have visiting Japanese students in Week 2. The 3-6 Athletics Carnival will be held on Thursday 15 August 2019 and the K-2 Athletics Carnival on Thursday 12 September 2019. Further highlights include the Poetry Competition, Author's visits for K-2 and 3-6, Wakakirri, Father's Day BBQ and Book Character Parade, On Stage – Music Through the Decades and our Three Way Conference interviews.

Kindergarten Enrolments

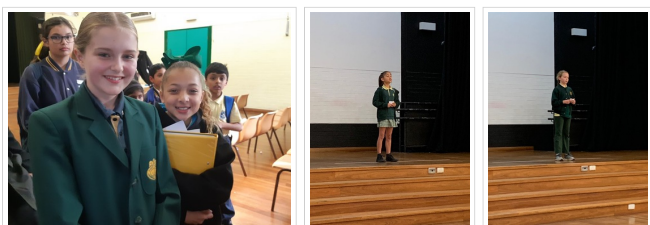
We are currently organising the Kindergarten Orientation Program for next year's Kindergarten students. If you have a child who is five or will be turning five before the end of July 2020, please collect an application for enrolment form from the office. We would appreciate it if you could pass this message on to friends and neighbours who have children approaching school age.

Robert Townson Hosts the Multicultural Perspectives Public Speaking Competition. Congratulations on a Fantastic Result!



Over the years Robert Townson Public School has earned an excellent reputation when it comes to public speaking. This year we have continued to be extremely successful in the Multicultural Perspectives Public Speaking Competition. Students from across the area that had been selected to represent their schools came and presented their prepared speeches which were of the highest standard. They then faced the challenge of making an impromptu speech. Both segments of the competition were equally weighted and judged by an adjudicator from the Department's Performing Arts Unit.

Robert Townson students performed extremely well with Olivia Wright and Zoe Bruce delivering outstanding prepared and impromptu speeches in the Senior Division and Orlanda Wagstaff and Kathryn Brentnall performing to a very high standard in the Junior Division. Congratulations to Orlanda Wagstaff who won the Junior Division and to Olivia Wright who won the Senior Division. A huge thank you to Marilyn Fox for her valuable help and support as well as the fantastic group of students who were time-keepers, Chairperson and assisted in the smooth running of the day.



2019 Online International Competitions and Assessments for Schools (ICAS) Years 2-6

We are delighted to inform you that Robert Townson Public School will be participating in the world-renowned ICAS Assessments this year. ICAS is developed by UNSW Global, a wholly owned subsidiary of the University of New South Wales, with over 35 years' experience in educational assessments.

ICAS is designed to target students' higher-order thinking and problem-solving skills in English, Mathematics, Science, Writing, Spelling and Digital Technologies.

Each assessment celebrates students' accomplishments by providing opportunities for recognition. Every student will receive a certificate and an online result report. Top performers will be eligible for medals and are invited to attend special award ceremonies to have their academic excellence publicly recognised.

We encourage you to consider entering your child into ICAS this year. The assessments are suitable for students wishing to extend themselves academically and take up the personal challenge of competing in an international assessment. Your child will be presented with high-quality, expert-developed questions, allowing them to apply their learning without the need for prior study or revision.

ICAS Assessments are now online, a move that reflects a sector-wide transition to computer-based assessment. This allows greater accessibility for students and faster delivery of results.

Learn more about ICAS here:

<https://www.unswglobal.unsw.edu.au/educational-assessments/products/icas-assessments/>

Online parent payment:

If your child is going to sit ICAS Assessments in English, Maths, Science or Spelling, the ICAS fees are now to be paid online. Visit the below website and enter your school's unique access code to make a direct payment to UNSW Global. There are no paper application forms. If you do not have internet access, you could apply at a public library or use the school library.

<https://pay.unswglobal.com.au/>

Online payment will close on 14 August 2019.

For fee details and school's unique access code for each test please download either 2019 Online International Competitions and Assessments for Schools Year 2 note or 2019 Online International Competitions and Assessments for Schools Years 3-6 note.

Lost Uniforms Items at School

Parents are reminded that all items of uniform clothing worn to school should be clearly labelled with their child's name.

Lost property is located on the side of the school hall near the canteen. Various volunteers will go through the lost items and any with names are returned to the student's classroom. From time to time children may accidentally pick up another student's clothing. Please check to ensure the items aren't labelled with another child's name and return to school if they are.

Thank you for assisting with this matter.

Sue Hasler – Relieving Principal

ON STAGE 2019 – MUSIC THROUGH THE DECADES

All students of Robert Townson Public School are busily preparing for their 2019 On Stage extravaganza: **Music Through the Decades**. Please find the details of this exciting event below.



Date:	Wednesday 4 September 2019
Show times:	Dress rehearsal – 12:30pm Matinee performance – 3:00pm Evening performance – 6:00pm
Location:	V-Max, Event Cinemas, Campbelltown
Students:	All students, K-6

Cost:	\$10 plus dinner (Refer to attached note to order)
Tickets:	Tickets will be sold through the online ticketing system Trybooking.com.au. Tickets will go on sale on Wednesday 21 August 2019 at 7:00pm. Instructions on how to purchase tickets is attached. A limit of 4 tickets per session will apply. Further tickets will be released if spare tickets are available.

Sarah Cosis – On Stage Coordinator

POSITIVE BEHAVIOUR FOR LEARNING

PBL Focus

The PBL Focus for Term 3 Weeks 1-2 will be:



Be Safe
Be Respectful

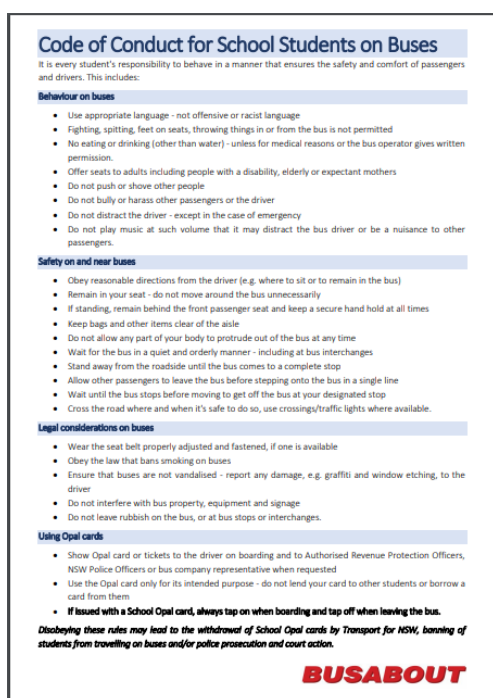
I am learning to use the buddy bench and respect the gardens.

Kylie Yabsley – PBL Coordinator

TAP ON TAP OFF ON PUBLIC TRANSPORT

When using public transport to get to and from school all students must remember to Tap On and Tap Off with their School Opal Cards. Busabout have provided a copy of the Code of Conduct for School Students on Buses and request

that parents ensure their children are aware of these requirements.



Sue Hasler – Relieving Principal

STEWART HOUSE CLOTHING APPEAL 2019

Stewart House provides short-term respite care to thousands of public school children each year. Any quality old clothes would be greatly appreciated. Please return full or empty bags to your child's class teacher by **Monday 26 August 2019**. Please do not bring to the office as they will be collected from the classroom.

Sally Turner – School Administration Manager

3-6 ATHLETICS CARNIVAL THURSDAY 15 AUGUST 2019

Our Years 3-6 Athletics Carnival will be held on Thursday 15 August 2019. All students are expected to attend as per a normal school day. Parents are welcome to attend.

Students are asked to wear normal sports uniform with appropriate footwear plus a hat and sunscreen.

Please Note: 100m heats will be held at on Thursday 8 August 2019 at 2:00pm.
200m event will be run as a timed final on the day of the athletics carnival.

Any children in Year 2 who are already 8 or turning 8 by the end of the year are invited to compete in the 100m heats on Thursday 8 August 2019. Parents are welcome to attend. Any children in Year 2 who qualify for the final will be notified by Mrs Rapa. The finals of the 100m sprint will be held on Thursday 15 August 2019 at the Years 3-6 Carnival.

The canteen will be available for food, drinks, tea and coffee. If ordering your lunch from the canteen, please ensure orders are handed to the canteen before school.

The P&C will also be running a sausage sizzle and a cake stall throughout the day. These facilities will only be available to students during designated rest breaks.

We look forward to seeing you there!

Kylie Rapa Sport Coordinator

FAMILY BREAKFAST BARBECUE TO CELEBRATE FATHER'S DAY

On Friday 30 August 2019 families are invited to a breakfast barbecue to celebrate Father's Day. The barbecue will start at 8:00am and finish at 9:00am when the children go to class. We aim to provide the opportunity for families to get together with their children and other families over an informal breakfast. We will also organise some games for children and their parents to participate in together recognising the spirit of Father's Day.

The P&C will be organising the barbecue. For catering purposes could you please return the slip below indicating what you would like to order. Please do not send any money just **pay on the day**, this is just to give us an indication of numbers so that we can cater effectively.

We hope you will be able to come along and join in the fun to celebrate Father's Day.

Sue Hasler – Relieving Principal

K-6 BOOK CHARACTER PARADE

Join in the fun of Book Week and come along to our Book Character Parade. It will be at approximately 9:15am after the Father's Day BBQ Breakfast on Friday 30 August 2019 in Pollard Place, just outside the library. This is for all students K-6 and teachers too! Any parents game enough to come dressed up?

Come dressed ready to parade, and bring your uniform to change into for the rest of the day.

The Book Week theme this year is 'Reading is my Secret Power!'.
Any book character is of course welcome!

Mrs McIntosh and Ms Noakes – Book Parade Coordinators

COMMUNITY ANNOUNCEMENTS



FOOTBALL STAR ACADEMY (FSA) IS COMING TO YOUR SCHOOL!

Sport Star Academy (SSA) provides a variety of sporting clinics run by professionals that are designed exclusively for kids of all abilities, and are mostly based at Primary School venues. Your school has recently agreed to host SSA clinics, and we would like to get some feedback from parents on the days/times/sports you would support.

Please fill out the following and return to your school office:

Please indicate your child(ren) name, sex and age below.

CHILD 1: _____ (age) _____ PARENT CONTACT DETAILS
CHILD 2: _____ (age) _____ NAME: _____
CHILD 3: _____ (age) _____ MOBILE: _____
CHILD 4: _____ (age) _____ EMAIL: _____

Please indicate which sport(s) clinics your child(ren) would be interested in attending:

☐ Football(Soccer) ☐ Foosy (AFL) ☐ Golf ☐ Cricket
☐ Netball ☐ Basketball ☐ Rugby ☐ Tennis

*Please note, soccer will be the first clinic introduced

Please indicate which day(s) your child(ren) would be available to attend:

☐ Mondays after school ☐ Saturday morning
☐ Tuesdays after school ☐ Sunday morning
☐ Wednesdays after school ☐ School holiday period
☐ Thursdays after school ☐ Before school (8-9am)
☐ Fridays after school ☐ During the lunch hour

If you have chosen the after school option, please indicate time(s) that would suit you best*:

☐ 3.45-4.45pm ☐ 4-5pm ☐ 5-6pm

If you have chosen Saturday or Sunday, please indicate time(s) that would suit you best*:

☐ 9-11am ☐ 10-11am ☐ 11-12noon

*Please note, these may end up being dictated by the school



www.sportstaracademy.com.au

School Holiday Camps
To suit ALL AGES & ABILITIES
JOIN US AT OUR NEXT PROGRAM:
Ingleburn High School
Oxford Road, Ingleburn NSW 2565
- ASK US ABOUT OUR EARLY BIRD SPECIAL -
CREATING A MOVEMENT OF CHANGES
FOR TOMORROW'S GRASSROOTS LEADERS

TRY BASEBALL WITH CAMPBELLTOWN GHOSTS BASEBALL CLUB



Low Cost. Family Friendly. Safe.
Fantastic Fun for all ages!

Sunday 28th July 2019

10:00am - 2:00pm

Woodlands Baseball Complex

Woodland Rd St Helens Park

Sunday 4th August 2019

10:00am - 2:00pm

Woodlands Baseball Complex

Woodland Rd St Helens Park

For more info please email: ghostsbaseball@gmail.com

Web Page: www.ghostsbaseball.com.au

Facebook: www.facebook.com/CampbelltownGhostsBaseballClubInc

Ghosts President 0411 022 511

All ages welcome from birthdate 01 Sept 2014

Cancer Council
Healthy Lunch Box

Nutrition Snippet

The simplest way

... to get free classroom resources.

Cancer Council supports **Fruit & Veg Month**, a health promotion event for NSW primary schools that puts a positive focus on fruit and vegetables.



This year Fruit & Veg Month will run from **Monday 2 September to Friday 27 September**. The event provides free classroom, and whole of school, resources that promote kids eating more fruit and vegetables. The event is funded by NSW Health and registration is FREE!

For more details on the event, and to register go to healthy-kids.com.au.

healthylunchbox.com.au

Cancer Council
Healthy Lunch Box

Nutrition Snippet

The simplest way

... to get new recipes.

To keep you and your kids from getting bored with the same lunch box we have updated our website with new recipes.



- [Veggie pasta soup](#)
- [Yoghurt rice pudding](#)
- [No bake cookies](#)
- [Nicoise salad](#)
- [Turkey, apple & avocado crepe](#)
- [Vegetable pasta bake](#)
- [Vegetable dumplings](#)
- [Mexican baked sweet potato](#)

For more recipes and ideas visit healthylunchbox.com.au

healthylunchbox.com.au

The simplest way

... to save time in the morning.

With some simple preparation at a time that suits you, you can save a lot of stress in the morning.

Try these tips to pack healthy foods quickly:

- Buy snack sized veg that don't require cutting e.g. cherry tomatoes, baby cucumbers and snow peas
- Keep some shelf stable items like beans and milk in the pantry
- Make and pre-pack individual serves of healthy snack mixes such as [poppletana](#).
- Get in to the habit of cooking extra for dinner and packing leftovers for lunch.
- Spend some time on the weekend preparing freezer-friendly lunch box items such as fruit or [vegie muffins](#).
- Allocate a drawer or area of the kitchen where lunch boxes and containers are kept, making them handy to find come packing time.



healthylunchbox.com.au

The simplest way

... to wear SunSmart clothing

Clothing provides a barrier between your skin and damaging ultraviolet (UV) radiation - unlike sunscreen, it can't be wiped or washed off.



For the BEST protection, choose:

- Shirts with collars or high necks, and sleeves
- Trousers or longer shorts and skirts that come to below the knees
- Clothing that is loose rather than stretched across the skin

Clothing is just one part of sun protection! Remember to use SunSmart hats, sunglasses, apply sunscreen, and seek out shade.

To help keep your kids safe in the sun, check your schools SunSmart status by heading to www.sunsmartnsw.com.au

The simplest way

... to use winter vegetables.

Don't feel like salad during winter?

Here are some fruit and veg filled, winter ideas.

Cook extra for dinner and dessert and pack leftovers for lunch.

- Baked vegetables such as pumpkin, sweet potato, beetroot
- [Mushroom, spinach and lentil lasagna](#)
- [Sweet potato and lentil curry](#)
- [Salmon and potato cakes](#)
- [Shepherd's pie](#)
- [Stewed apples and sultanas](#)
- [Healthy apple crumble](#)

For these recipes and more visit healthylunchbox.com.au

healthylunchbox.com.au

